



EPILEPSY
FOUNDATION
Kentuckiana

END EPILEPSY

Annual Report

Fiscal Year July 2018 - June 2019

FROM THE EXECUTIVE DIRECTOR

As the only non-profit serving children, adults, and veterans living with epilepsy and seizure disorders in Kentucky in southern Indiana, the Epilepsy Foundation of Kentuckiana (EFKY) is humbled by your trust in us to provide services that improve and save lives through our community services, public education, advocacy initiatives, access to care, and research and new therapies funding. Our work to **END EPILEPSY** is critically important. **One in 26** Americans will develop epilepsy within their lifetime. In Kentucky and southern Indiana alone, more than 153,000 individuals live with this complex, neurological condition. In 2018, the EFKY worked tirelessly to pass HB 147 - Seizure Smart Schools legislation, also known as the Lyndsey Crunk Act, which mandates Kentucky's teachers, counselors, and principals be educated on seizure recognition and response. It is the first legislation of its kind in the nation and is now being used as a national model, with Texas, Illinois, Indiana, and New Jersey respectively passing their Seizure Smart/Safe Schools legislation in 2019. During this fiscal year, the EFKY trained a total of 16,227 students, educators, and members of the general public in seizure recognition and response, with a large portion of these individuals being educated through our virtual "Seizure Training for Educators" module. The EFKY's signature veterans program Operation Outreach is honored to serve Kentucky's veterans with resources for them, their families, health and mental health providers, on post-traumatic epilepsy, brain injury, PTSD, and psychogenic non-epileptic seizures.



Providing support services to those in need is essential to their health and well-being. The EFKY strives to provide the highest quality educational programs, increase epilepsy awareness, youth and adult social and support activities, direct client support, self-management tools, effectively advocate on an individualized, grassroots, state and federal levels, to improve and save lives.

Without the generous support from you and the communities we serve, our efforts to provide comprehensive and vital services, eradicate the myriad of myths and misconceptions that, unfortunately, still exist today and cause burdensome and unnecessary roadblocks for many battling seizures, would not be possible. Your time, talents, financial support, and commitment allows the EFKY to focus on what really matters - ensuring not another moment or life is lost to seizures! For this, we are so very grateful for your support to help us lead the fight to **END EPILEPSY**! The purpose of our annual report is to provide a transparent snapshot of the work being done by dedicated staff and committed members of the Board of Directors. Thank you! Deb McGrath, Executive Director and Co-Founder

The Mission of the Epilepsy Foundation of Kentuckiana

Lead the fight to overcome the challenges of living with epilepsy and to accelerate therapies to stop seizures, find cures, and save lives.

Epilepsy Foundation of Kentuckiana

Kosair Charities Centre - 982 Eastern Parkway - Louisville, Kentucky 40217-1566

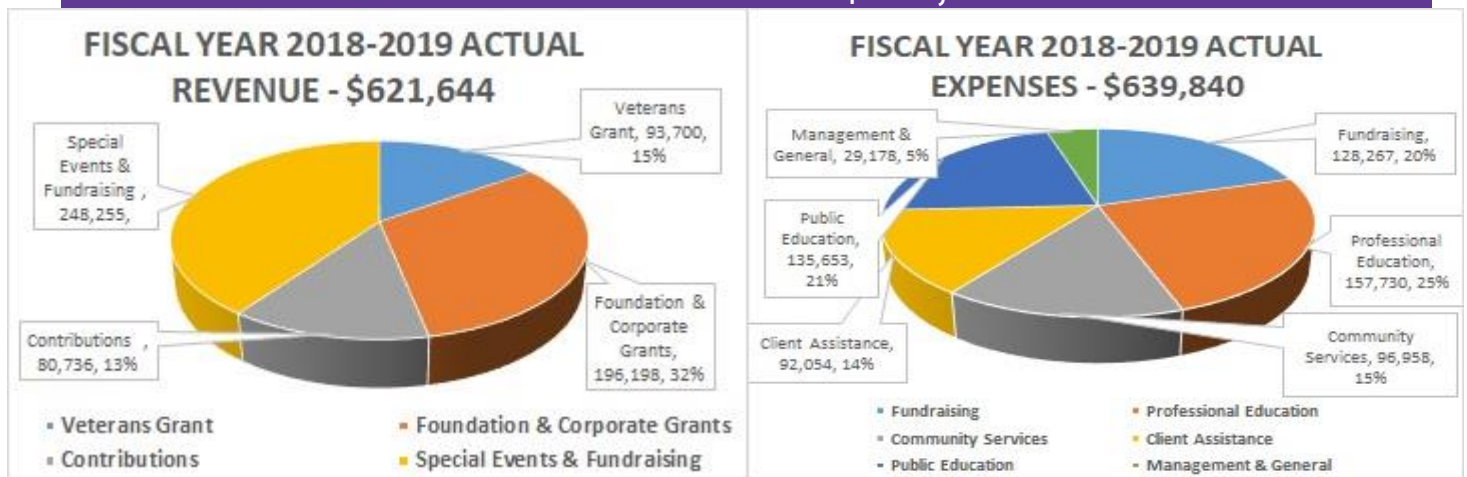
(502) 637-4440 - Toll Free (866) 275-1078 - www.efky.org

2018- 2019 Board of Directors

President - Michael Wallace, UPS Supply Chain Solutions
Vice President - Linda O'Bryan, Kindred Healthcare, Retired
Treasurer - Mindy Heck, Deming, Malone, Livesay & Ostroff
Secretary - John Taylor, Commonwealth Extracts
Meriem Bensalem-Owens, MD, University of Kentucky
Jeff Davis, Kwantek

Barry Elliott, Lunbeck Pharmaceuticals
John H. Helmers, Jr., Helmers & Associates
Thomas J.B. Hurst, Weber & Rose
Kristie Jones
Gabriel Martz, MD, Norton Healthcare
Tim Morris, CMTA Engineering

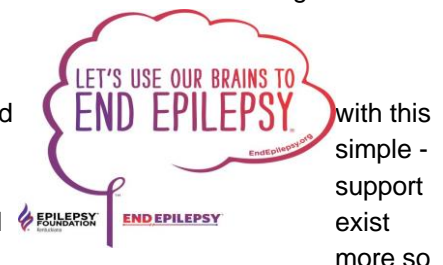
2018-2019 FISCAL YEAR FINANCIAL DATA TOTAL NET ASSETS \$286,134



PROGRAM IMPACT HIGHLIGHTS - Improving Lives

How We Impact the Community: By serving the more than 153,000 children, adults, and veterans living with epilepsy/seizure disorders and their loved ones in Kentucky and southern Indiana through an array of vital programs and services designed to improve and save lives. Services include: individual, grassroots, and government advocacy initiatives; direct client support; monthly youth and adult support programs; local and statewide educational programs and forums; and our signature veterans program **Operation Outreach**. The EFKY provides seizure recognition and response training programs to thousands - including school nurses, teachers, bus drivers, students, law enforcement officials, health care professionals, emergency medical services personnel, police officers, employers, community and veteran service organizations, individuals with epilepsy and their loved ones, and other members of the general population.

What We Do & Why: We are honored to provide HELP, HOPE, AND SUPPORT to battle the many different seizure types and syndromes associated very misunderstood and many times feared neurological disease. Our goal is improve and save lives through advocacy, education, outreach, research, and services, as well as eradicate the attitudinal barriers and discrimination that still today, resulting from harmful myths, misconceptions, and stigmas - perhaps than any other medical condition of its prevalence.



with this simple - support exist more so

Epilepsy / Seizure Facts: One in 26 individuals in the United States will develop epilepsy at some point in their lifetime.

65 Million people around the world have epilepsy, with over **3.4 Million** in the United States and **153,000 Children, Adults and Veterans** living with epilepsy in Kentucky and southern Indiana. **Every 4 Minutes** a person is diagnosed with epilepsy. **1 in 10** people will have a single seizure in their lifetime. If you have a brain, you can have a seizure. **70%** of people with epilepsy do not know the cause of their seizures. More than **40** different types of seizures exist (researchers are identifying more and more seizure types and syndromes). **Up to 40%** of people live with refractory epilepsy - also known as drug-resistant seizures.