THE ILLUMINATOR

LIGHTING THE PATH FOR A BRIGHTER TOMORROW

EPILEPSY FOUNDATION Kentuckiana

A Publication of the Epilepsy Foundation of Kentuckiana

ISSUE 1 - 2016

2016 Walk Around Kentucky for Epilepsy

Join us as we **step it up** at the 2016 **Walk Around Kentucky for Epilepsy!** Our goal is simple...to raise epilepsy awareness and funds through this fun-filled, family oriented, non-competitive walk, and to unite for the cause. This is the largest epilepsy awareness and fundraising event of the Epilepsy Foundation of Kentuckiana and funds raised will be used to bring help, hope, and support to the over 153,000 children, adults, and veterans living with epilepsy and seizure disorders throughout Kentucky and southern Indiana. We are Walking toward a **$150,000** fundraising goal, which is less than $1 per-person and we dare you to join in our fight to stop seizures and make this year's Walk the best one to date! To get registered, go to www.efky.org and sign up to participate in one (or more) of the five Walk sites most convenient for you. Awesome prizes will be awarded to those raising $250 or more. We hope you will join us for fun, food, fellowship, and an invigorating **Walk** with lots of giveaways!

For the 2016 **Walk Around Kentucky for Epilepsy** fundraising campaign to be successful, we need your help! Set a fundraising goal and then use all or some of the following techniques to reach this goal:

- **Letter or Email Writing Campaign –** Send a letter or e-mail to all of your family members, friends, neighbors and co-workers asking them to sponsor you for the **Walk Around Kentucky for Epilepsy.**
- **Social Media Campaign** - Share information about the **Walk** on Facebook, Twitter, etc. about your fundraising efforts. Be sure to include a link to your fundraising page and to use **#WalkAroundKYforEpilepsy** on all of your social media posts.
- **Employer Sponsors –** Ask your employer if they will be a **Walk** sponsor or match your fundraising efforts.
- **School, Work or Church Fundraiser –** Host a pizza party, bake sale, doughnut sale, ice cream social, pancake breakfast, or car wash to raise money for the **Walk**.
- **Collections –** Ask your church, synagogue, or meeting hall if you can take a collection to support the Epilepsy Foundation of Kentuckiana's **Walk** campaign.

JUST FOR KIDS!

Walk Around Kentucky FOR EPILEPSY 2016

Raising money for the **Walk Around Kentucky for Epilepsy** is not just for grown-ups! Kids can raise lots of money too! All you have to do is ASK! Think about all of your family members and friends and simply ask them to support you for the **Walk**. Pennies and dollars add up very quickly, and who knows, you might just raise the most money on your team!

MARK YOUR CALENDARS

Saturday, June 11th – Owensboro – Legion Park, West Shelter
Saturday, June 11th – Pikeville – Bob Amos Park
Saturday, June 18th – Louisville – Louisville Slugger Field – **NEW LOCATION**
Saturday, June 25th – Lexington – Keeneland Race Course, Barn 2
Saturday, June 25th – Paducah – Bob Noble Park, Shelter 19

From the Executive Director

March Madness has come and gone and spring is upon us! With every passing year, I look forward to this season more than any other as the landscape around us comes to life again. My spirit is rejuvenated, this year in particular. I especially feel a great sense of optimism as the Epilepsy Foundation of Kentuckiana begins its 23rd year of bringing help, hope, and support to the more than 153,000 children, adults, and veterans and their caregivers living with epilepsy in Kentucky and southern Indiana who are fighting against seizures resistant to treatment.

Moreover, I am encouraged by the growing number of epilepsy specialists (epileptologists) neurosurgeons, health care professionals, and researchers dedicating their careers to improving lives and finding cures to eliminate every type of epilepsy and seizure disorder. We at the Epilepsy Foundation of Kentuckiana are extremely grateful for the opportunity to partner with some of the most esteemed, compassionate, and committed professionals working in this field and we are honored to provide an array of wide-ranging programs and services to their patients. We commend Norton HealthCare, KentuckyOne Health, the Universities of Kentucky and Louisville, and the other medical facilities throughout the Commonwealth, for their efforts to attract the "best-of the-best" and expand their comprehensive epilepsy programs to serve the pediatric, adult, and veteran population.

When I started on this epilepsy journey with my daughter 28 years ago, there was only one pediatric neurologist in Louisville. It took two very long years to get Victoria in to see him – so in the meantime, we were forced to see an adult neurologist who was not equipped to handle a five-year old child with recurring seizures. While the wait time to be seen by an epilepsy specialist has certainly decreased, a worldwide shortage of epileptologists still exists. I am very thankful for the emphasis that has been made by healthcare institutions in this region to properly treat the high prevalence of epilepsy in Kentucky and southern Indiana.

As this year's legislative session comes to an end, we are extremely hopeful that funding for our Veterans Outreach program, "Operation Outreach" was included in the approved budget. These funds are vitally important in our efforts to continue providing much needed support services to the brave men and women who served our country, and are now battling post traumatic epilepsy (PTE) due to a traumatic brain injury (TBI) suffered during their military service.

We are also hoping that the legislation we have been advocating for will have passed and bring much needed financial relief to those having to pay exorbitant amounts for their life saving epilepsy medications. Julie Davis and Brian Riggs were instrumental in sharing their epilepsy stories and I cannot thank them enough for helping to shed light on this issue that impacted them and so many others living with chronic and debilitating health conditions. This legislation would correct what has become an otherwise daunting and expensive insurance practice. Senate Bill 268 and House Bill 321 would allow insurance providers to allow plans that have extremely high deductibles and co-insurances to be spread over a 12 month period, within the calendar year, so patients are not forced to pay upfront many hundreds to thousands of dollars each month to access their medications. We are so hopeful that SB 268 and HB 321 will pass and are very grateful to Kentucky Senator Tom Buford and Representative James Kay for working to help Kentuckians with this very important legislation.

With each passing day, I hope you "let your light shine" so others can see your strength and courage as you fight against epilepsy!

Blessings,

– Deb

EPILEPSY FOUNDATION
Kentuckiana

MISSION STATEMENT

To lead the fight to overcome the challenges of living with epilepsy and to accelerate therapies to stop seizures, find cures, and save lives.

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Questions and comments about the Illuminator may be directed to Beth via phone or email.

QUANTUMGRAPHIX
DESIGN • PRINT • FULFILLMENT • PROMOTIONAL ITEMS

Join Us for Epilepsy Education Day in Lexington on May 7

Join us on May 7, 2016 from 9:00 a.m. - 2:00 p.m. at the Hilary J. Boone Center (500 Rose Street, Lexington, Kentucky) for a day of Derby-themed networking and education for anyone affected by epilepsy. A program for school age children will be provided. This event is free, but registration is required. Please register by calling **1-800-333-8874.**

Epilepsy Center at University of Kentucky (EpiC) is Leading the Charge to Researching Better Epilepsy Treatments

Epilepsy is a complex set of disorders, and research into their causes, mechanisms, treatments, and cures is a priority for the people of the Commonwealth of Kentucky. Founded by Dr. Bret N. Smith, the Epilepsy Center (EpiC) at the University of Kentucky is comprised of scientists and clinicians interested in understanding the mechanisms underlying seizures and epilepsy, with the ultimate goal of developing better treatments and, eventually, a cure. EpiC addresses these issues directly through basic science, translational, and clinical research and represents a hub of common interest among basic science and clinical researchers, whose goals are aligned with those of our patient care providers and the Epilepsy Foundation of Kentuckiana.

Epilepsy research is inherently multidisciplinary, encompassing multiple aspects of cellular, molecular, anatomical, physiological, and behavioral brain science. EpiC brings researchers and clinicians together for focused discussion and scientific collaboration. EpiC scientists conduct research on the mechanisms underlying development of epilepsy and seizure disorders, encourage development of improved methods for detection, prevention, and control of seizures, support training of young epilepsy researchers, and inform patients and the public about the disorder and current research on its treatment and prevention. To achieve these goals, EpiC promotes specific initiatives related to research and education by integrating the activities of investigators across the University with expertise in multiple scientific and clinical disciplines. The Center provides a nexus for promoting scientific collaboration, encouraging clinical and basic scientists to work together to address epilepsy-related public health concerns through advanced research efforts that support more effective treatments and development of a cure for epilepsy.

2016 Studio e: The Epilepsy Art Therapy Program

studio e: The Epilepsy Art Therapy Program

If you are an adult living with epilepsy, we hope you will join us for the **2016 Studio E: The Epilepsy Art Therapy** program. The program will be offered **free of charge** every Saturday from **July 9 – August 13** from 10:00 a.m. – 1:00 p.m. at the Epilepsy Foundation of Kentuckiana office in Louisville. You will work with expressive therapist Angela Lechleiter, MEd, LPCC and other people with epilepsy age 18 and older in a group setting to create artistic pieces using a variety of mediums. Participation does not require previous art making or artistic talent. Plus, the artwork you create may help raise awareness about the realities of life with epilepsy.

There are a limited number of slots available and registration will be on a first-come-first-served basis. A light lunch and drinks will also be provided each week. **If you would like to register to participate in the Studio E program or would like more information, please contact Beth Stivers, MS, director of education at 502-637-4440 / 866-275-1078 x14 / bstivers@efky.org by July 6, 2015.**

Studio e: The Epilepsy Art Therapy Program is sponsored by Lundbeck.

Lundbeck Your Partner in Epilepsy

Would you like to save paper and help the *Foundation* at the same time? Please sign up to receive the *Illuminator* in your inbox instead of your mailbox by contacting Connie Costelle, administrative assistant at 502.637.4440 / 866.275.1078 x10 / ccostelle@efky.org. If you wish to donate to the *Foundation* via credit/debit card, you may do so at www.efky.org or by calling Connie at the number above. If you would like to make a donation via check, please fill out the form below, cut it out, and mail it to us using the address on the form.

Epilepsy Foundation of Kentuckiana Donation

EPILEPSY FOUNDATION
Kentuckiana

Kosair Charities Centre
982 Eastern Parkway
Louisville, KY 40217

Phone 502.637.4440
Toll-Free 866.275.1078
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Web www.efky.org

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__ In Memory of _____

__ *Shannon O'Daniel Memorial Scholarship* Fund

__ *Peggy Sherrell Memorial Scholarship* Fund

__ Epilepsy Research Project Fund

__ My employer has a matching gift program. Enclosed is the required form.

__ Please contact me/us about including the *Foundation* in my estate plans.

YOUR CONTRIBUTION WILL TRULY MAKE A DIFFERENCE!

Veterans Views: 2015 Kentucky Veterans of the Year Banquet

"Great Program!" "Absolutely wonderful!" "How can you ever top tonight's banquet?" These are just a few of the things people said about the sold-out, 2015 Kentucky Veterans of the Year banquet held on November 9, 2015 at the Brown & Williamson Club inside Papa John's Stadium. Even better, they are still talking about it. As recently as March 3, 2016, a member of the Board of Directors for Campbellsville University told a local group of Rotarians, the Kentucky Veterans of the Year banquet is probably the best program honoring veterans he had ever attended.

KY Dept. of Veteran Affairs Commissioner Heather French Henry (center) with 2014 KY Veterans of the Year awardees Dr. James Thurmon & Lindsay Gargotto

The purpose of the Kentucky Veterans of the Year program is to raise awareness of veterans and veterans' issues throughout the Commonwealth of Kentucky and to honor and recognize all the nominees and to award one female and one male as the Kentucky Veterans of the Year.

Louisville Mayor Greg Fischer (center) presents Byron Marlowe and Julia Cantrell-Martin with Proclamations

The 2015 program had more than 300 in attendance and honored two amazing veterans who are making a difference in their communities. Kentucky Department of Local Government Commissioner Tony Wilder, acting on behalf of Governor Steve Beshear, presented Julia Cantrell-Martin (Lexington) with the 2015 Female Kentucky Veteran of the Year Award, and Byron Marlowe (Frankfort) with the 2015 Male Kentucky Veteran of the Year Award. Commissioner Wilder also recognized and presented honors to the women and men who were nominated for the award and in attendance but did not win. Mayor Greg Fischer also presented our Kentucky Veterans of the Year with proclamations from the Louisville Metro Government and Kentucky Department of Veterans Affairs Commissioner Heather French Henry was the featured speaker.

The 2015 winners were two very deserving veterans who are "still serving" their country by serving their communities and neighbors. The 2015 Female Kentucky Veteran of the Year is Julia Cantrell-Martin, an 82 year old United States Air Force Veteran who is active in numerous community and veteran organizations. She enjoys volunteering with at-risk youth of all ages helping them to read and improve their math skills. She helps restore grave markers of veterans and is responsible for placing American flags on over 1000 veteran grave sites for Memorial Day.

Commissioner Tony Wilder (left) presents award to 2015 Female KY Veteran of the Year Julia Martin-Cantrell.

2014 Female KY Veteran of the Year Lindsey Gargotto (left) with 2015 Female awardee Julia Cantrell-Martin

The 2015 Male Kentucky Veteran of the Year is Byron Marlowe, a post-9/11 veteran with multiple tours in Iraq and Afghanistan. He is the Program Director for the Life Adventure Center where he has created nationally recognized programs for veterans and their families such as Military Teen Adventure Camps and Save a Warrior which works with combat veterans suffering from severe and chronic post-traumatic stress disorder.

Commissioner Tony Wilder (left) presents award to 2015 Male KY Veteran of the Year Byron Marlowe

Two new awards were presented at the 2015 banquet: The Male and Female Distinguished Friend of Veterans awards. These awards are presented to a female and male non-veteran whose contribution to bettering the lives of Kentucky veterans cannot go unnoticed. Commissioner Henry and co-founder of the Kentucky Veterans of the Year initiative and publisher, Jim Grahn, were the first awardees.

Commissioner Tony Wilder (left) presents KY Veterans of the Year's Distinguihed Friend of Veterans Award to Commissioner Heather French Henry & Jim Grahn

The 2016 Kentucky Veterans of the Year banquet promises another sold-out event, many more veterans will be honored, and there will be many more exciting announcements and activities. The 2016 Kentucky Veterans of the Year 3rd annual banquet will be held on November 7, 2016 at the Brown & Williamson Club inside Papa John's Cardinal Stadium in Louisville.

If you would like to nominate a veteran for the 2016 Kentucky Veterans of the Year Award, simply visit www.kentuckyveteransoftheyear.org and fill out the short nomination form.

2014 Male KY Veteran of the Year Dr. James Thurmon & 2015 Male awardee Byron Marlowe

THANK YOU FOR YOUR SERVICE

Julia Cantrell-Martin and Byron Marlowe (center) pictured with other nominees for the 2015 awards

The Kentucky Veterans of the Year would like to thank the following sponsors of the 2015 awards banquet: Campbellsville University (premiere sponsor), AAA Travel, ADP, BB&T, Berkshire Hathaway Home Services, Caliber Home Loans, Center for Orthotic & Prosthetic Care, Edwards Moving & Rigging, Enterprise Rent-a-Car, Karl Truman Personal Injury Lawyer, Kentucky National Guard, Kinser & Kinser, Inc., Kroger, L&N Federal Credit Union, Meijer, Middleton Reutlinger Attorneys, National Association of Black Veterans, Stony Farm, USA Cares, Volunteers of America Mid-States, and Wells Fargo Home Mortgage.

OPERATION OUTREACH

Operation Outreach
Helping Veterans Open Doors of Hope...
www.SaluteYourHealth.org

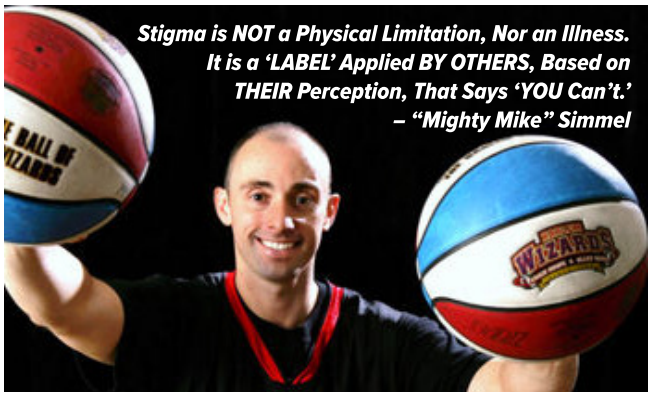
If you are a veteran experiencing seizures, are in need of assistance, or would like to learn more, please contact John Mustain, MSSW at 502-637-4440 / 866-275-1078 x16 / jmustain@efky.org.

2016 BOUNCE OUT THE STIGMA BASKETBALL CAMP FOR CHILDREN WITH EPILEPSY/SEIZURE DISORDERS AND AUTISM SPECTRUM DISORDERS

In July, the Epilepsy Foundation of Kentuckiana will host Kentucky's third annual Bounce Out the Stigma basketball camp in both Lexington and Louisville. This **FREE**, two-day basketball camp is specifically tailored for youth ages 8 – 20 with epilepsy/seizure disorders and autism spectrum disorders to help them learn that limits do not define them, but they define their limits through skills, drills, thrills, and fun. To make this camp experience even better, participants are encouraged to bring a sibling or friend between ages 8 - 20 to join in the fun. Camp goers will receive a Bounce Out the Stigma t-shirt and basketball. Space is limited and required for all youth wishing to attend, so **register early** to ensure you get a spot! We are also looking for sponsors and volunteers. If you are interested in either, please contact Connie Costelle, administrative assistant at the phone number/e-mail address listed below.

Bounce Out the Stigma is a basketball camp, founded and directed by "Mighty Mike" Simmel of the Harlem Wizards. Mike has played 13 years in professional entertainment basketball, is a motivational speaker, and basketball instructor. He knows what it is like to be treated differently, as he has lived with epilepsy since age 2. In fact, when "Mighty Mike" was 16 years old, he was asked to leave a basketball camp after suffering a seizure. He decided then and there that if he ever was in a position to do so, he would develop a basketball program for unique kids....and he did just that! To learn more about this program, go to bounceoutthestigma.org.

Registration is now open at www.efky.org. To get more information or to register via phone/e-mail, please contact Connie Costelle, administrative assistant, at 502-637-4440 / 866-275-1078 x10 / ccostelle@efky.org.



BOUNCE OUT the Stigma™

LEXINGTON

July 26 & 27 from 9 am – 2 pm
Immanuel Baptist Church
3100 Tates Creek Rd.
Lexington, KY 40502

LOUISVILLE

July 28 & 29 from 9 am – 2 pm
St. Paul United Methodist Church
2000 Douglas Blvd.
Louisville, KY 40205

This basketball camp is proudly partnered with and associated with:

KOSAIR CHARITIES
Protecting the Most Precious Gift of All

EPILEPSY FOUNDATION Kentuckiana

IMMANUEL BAPTIST CHURCH
Gather. Serve. Grow.

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Speak Up, Speak Out Kentucky Advocacy Initiative

The Epilepsy Foundation of Kentuckiana was so proud of the amazing families who participated in this year's Speak Up, Speak Out Kentucky advocacy initiative. On Monday, February 22, participants gathered in Frankfort and spent the afternoon being trained for the following day, which was Epilepsy Day at the Capitol. Families bravely shared their epilepsy stories, talked about and advocated for affordable access to care, Seizure Smart Schools initiative, and continued funding for the Foundation's signature veterans program, Operation Outreach.

(L to R) Lydsey Crunk, Senator Damon Thayer, Savannah Gray

(L to R) Senator Ray Jones, Blake Edmonds and Diane Edmonds

Each participant did an amazing job speaking up and speaking out to raise epilepsy awareness to Senate and House members alike. We were honored to have this year's Teens Speak Up! representatives recognized on the Senate floor - Savannah Gray with Senator Damon Thayer, and Blake Edmonds with Senator Ray Jones. Also recognized was Purple Heart recipient, Kyle Lankford, a veteran involved with the Foundation's Operation Outreach program, and his family with Senator Perry Clark. From the bottom of our hearts, thank you for being part of our annual advocacy program!

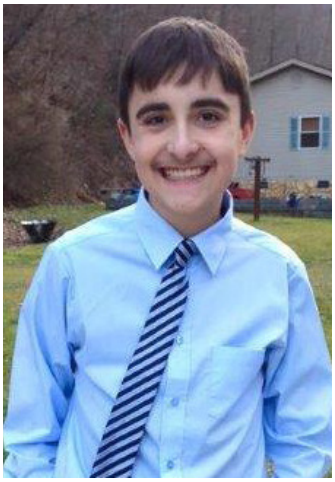
Charles Wilson (R) with Representative Stan Lee

(L to R) Kyle Lankford and family with Senator Perry Clark

2016 Speak Up Speak Out Kentucky! participants

(L to R) Savannah Gray and family with Senator Damon Thayer

Teens Speak Up! 2016



Blake Edmonds

The Epilepsy Foundation of Kentuckiana is proud to announce this year's Teens Speak Up! representatives, Blake Edmonds (15) of Shelbiana, Kentucky and Savannah Gray (14) of Georgetown, Kentucky. These two teens will travel to Washington, DC from April 16 - 19 to first participate in the national Epilepsy Walk and then to represent the over 51,000 children living with epilepsy in Kentucky at this national advocacy program.

Teens Speak Up! is a national program that provides an opportunity for teens with epilepsy and their parent to visit the nation's capital, receive advocacy training, meet with their Congressional leaders, and tell their personal stories. Teens from across the country are nominated by affiliates and selected by the national Foundation to participate in the program.

We wish Blake and Savannah luck with this important endeavor! Also, please stay tuned as these teens will each be sharing about their experiences at Teens Speak Up! in the next edition of The Illuminator.

Savannah Gray

2016 Peggy Sherrell Memorial Scholarship Award

The Epilepsy Foundation of Kentuckiana is now accepting applications for the 2016 Peggy Sherrell Memorial Scholarship Award. The one-year, $1,000 scholarship is awarded to a deserving degree/certificate seeking student who meets the following criteria:

- Is currently under a physician's care for epilepsy/seizures (i.e. neurological seizures);
- Is currently undergoing treatment for their epilepsy/ seizure disorder;
- Can demonstrate their struggle to overcome adversity because of their epilepsy/seizures;
- Is a degree or certificate-seeking student (graduating senior, first time adult learner, or those returning to complete their degree or certificate);
- Lives in Kentucky (excluding Boone, Campbell, Grant, & Kenton counties) or lives in Clark, Floyd, or Harrison Counties in Indiana.

For a copy of the application, please contact Beth Stivers, MS, director of education, at 502-637-4440 / 866-275-1078 x14 / bstivers@efky.org or download a copy at www.efky.org.

Mailed Application Submission Deadline: MUST be post-marked by June 3, 2016.

Peggy Sherrell was a 46 year-old wife and mother of two adult children who died suddenly on August 28, 2010 from what was attributed to sudden unexpected death in epilepsy (SUDEP). Peggy believed that education was extremely important and therefore, her family determined that a scholarship would be the perfect way to carry on her legacy. Her family strives to assist the Foundation in educating people about SUDEP and other devastating consequences of epilepsy.

2016 Shannon O'Daniel Memorial Scholarship Award

The Epilepsy Foundation of Kentuckiana is now accepting applications for the 2016 Shannon O'Daniel Memorial Scholarship Award. The one-year, $1,000 scholarship is awarded to a deserving student who meets the following criteria:

- Is currently under a physician's care for epilepsy/seizures (i.e. neurological seizures);
- Is currently undergoing treatment for their epilepsy/ seizure disorder;
- Can demonstrate their struggle to overcome adversity because of their epilepsy/seizures;
- Is a college-bound high school senior;
- Lives in Kentucky (excluding Boone, Campbell, Grant, & Kenton counties) or lives in Clark, Floyd, or Harrison Counties in Indiana.

For a copy of the application, please contact Beth Stivers, MS, director of education, at 502-637-4440 / 866-275-1078 x14 / bstivers@efky.org or download a copy at www.efky.org.

Mailed Application Submission Deadline: MUST be post-marked by June 3, 2016.

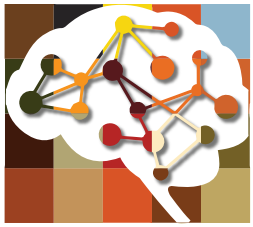
Shannon O'Daniel was a senior in college and just credits away from graduating when she died from what was attributed to SUDEP. Shannon struggled to overcome the seizures that frequently disrupted her life. She did so with a determination to achieve her dreams, one of which was to receive her college diploma. In the aftermath of her tragic death, this scholarship was created to honor Shannon and her achievements.

Epilepsy Foundation of Kentuckiana is Awarded Fifth Grant for Programs to Raise Epilepsy Awareness among African Americans on College/University Campuses

We are honored to have received a fifth African American Transition-Age Youth and Young Adult Outreach Project grant from the national Epilepsy Foundation and the Centers for Disease Control and Prevention (CDC) to continue its work on college campuses throughout Kentucky. This program will allow the Foundation to enhance its existing partnership with Kentucky State University, Daymar College System, Hopkinsville Community College, Owensboro Community and Technical College, and the University of Kentucky as well as new partnerships with other colleges and universities across the state with high African American student populations. The Epilepsy Foundation of Kentuckiana's Get the Facts…..Know the Difference! epilepsy awareness campaign has educated over 1,400 people on multiple college/university campuses about seizure recognition and first aid through health fairs and one-hour presentations.

Through these partnerships, we will continue educating faculty, staff, hall directors, student staff, and students about seizure recognition and response, as well as raise awareness of epilepsy on new campuses. We hope that by changing perceptions of epilepsy among individuals in this age group, we can ultimately influence the attitudes regarding epilepsy among those in the future workplace. This program also strives to increase epilepsy awareness in the African American community.

An estimated 375,000 African Americans are currently living with epilepsy in the United States. More than 24,000 African Americans are diagnosed with epilepsy each year. African Americans are also more likely to be diagnosed with epilepsy than Caucasians; to experience status epilepticus, a medical emergency in which a seizure continues for 10 minutes or more without stopping; and are at an increased risk for Sudden Unexpected Death in Epilepsy (SUDEP). In spite of this, epilepsy awareness is low among African Americans, due to lack of access to health care and health information, misinformation, and stigma associated with the condition. For more information about how epilepsy affects African Americans, please see: http://www.epilepsy.com/learn/diverse-communities/epilepsy-and-african-american-community.



The Epilepsy Foundation of Kentuckiana wants the faculty, staff, and students of colleges/universities across the state to get the facts and know the difference about epilepsy and we are most excited to receive the opportunity to continue to expand this program.

For more information regarding this project or to schedule a program at your college/university, please contact Beth Stivers, MS, director of education at 502-637-4440 / 866-275-1078 x14 / bstivers@efky.org.

This project was made possible by a grant from the Epilepsy Foundation and the Centers for Disease Control and Prevention (CDC) under grant number 1U58DP003832-05. Its contents do not necessarily represent the official views of the CDC.

AWARENESS AND EDUCATION ARE KEY

Epilepsy Foundation of Kentuckiana Awarded Second Grant to Continue to Pilot the Take Charge of the Facts Program in Flipped Classrooms

The Kentuckiana affiliate has been selected as one of two Epilepsy Foundation affiliates across the nation to continue to pilot the Take Charge of the Facts Flipped! program in classrooms throughout Kentucky and southern Indiana through June 17, 2016. This program is not a new one, however, the format is. While we have presented this program in the traditional lecture style for many years, we are now offering the program using this innovative approach in an effort to bring this youth program into the 21st century.

The flipped classroom is a form of blended learning which brings interactive engagement pedagogy to classrooms by having students learn content online, usually at home. Traditional "homework" is then done in class with teachers and students discussing and solving questions. It allows teacher interaction with students to be more personalized – guidance rather than lecturing. For the Take Charge of the Facts Flipped! program, students will go online the day before a classroom activity to take a pre-test and watch a video. The video discusses different seizure types, seizure response, as well as addressing the stigma that many students with epilepsy face. The following day, students will participate in an activity in the classroom, a question and answer session, and will then take a post-test.

The Take Charge of the Facts Flipped! classroom activity can be done by Foundation educators, or we can provide the classroom teacher with the curriculum and guidance to present the lesson on their own. The training program and materials are free of charge. If you are a teacher interested in this program, or would like this program implemented at your child's school, please contact Beth Stivers, MS, director of education at 502-637-4440 / 866-275-1078, x14 / bstivers@efky.org.

Activities are made possible by a grant from the Epilepsy Foundation and the Centers for Disease Control and Prevention (CDC) under grant number 1U58DP00382-05. Its contents do not necessarily represent the official views of the CDC.

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Save the Dates!

MARK YOUR CALENDARS NOW!

May Central Kentucky Epilepsy Support Network Meeting at UK - May 3

Epilepsy Education Day in Lexington - May 7

June Central Kentucky Epilepsy Support Network Meeting at UK - June 7

Owensboro & Pikeville Walks - June 11

Louisville Walk - June 18

Lexington & Paducah Walks - June 25

July Central Kentucky Epilepsy Support Network Meeting at UK - July 5

2016 Studio E Art Therapy Program - Every Saturday July 9 - August 13

Lexington Bounce Out the Stigma Basketball Camp - July 26 & 27

Louisville Bounce Out the Stigma Basketball Camp - July 28 - 29

Save the Date for the 6th Annual Fall Festival

The Foundation's 6th Annual Fall Festival will be held on September 17, 2016 from 11:00 a.m. - 3:00 p.m. on the great lawn at the Kosair Charities Centre (982 Eastern Parkway, Louisville, Kentucky 40217). Families affected by epilepsy are welcome to join in the fun.

We will have food, drinks, and fun activities including an inflatable slide and bounce house, face painting, various crafts, a duck pond, and much more! All food and activities are free of charge to families thanks to Kosair Charities.

Kosair Charities Supported Agency

YOUTH EPILEPSY ACTIVITY GROUP

WHO: School age & affected by epilepsy…maybe you have epilepsy, or your brother, sister, or parent does. If so, we're just the group for you!!!

WHEN: Monthly

WHERE: Changes each month, so call for details, or to be added to the email/mailing list!

WHY: To have fun, make friends, and talk & hang out with those who understand!

COST: Free to youth, thanks to Kosair Charities!

Kosair Charities Supported Agency

EPILEPSY FOUNDATION KENTUCKIANA'S YOUTH SUPPORT GROUP IS SUPPORTED BY A GRANT (#774C) FROM KOSAIR CHARITIES.

UPCOMING YOUTH EPILEPSY SUPPORT GROUP EVENTS

Saturday, April 16th
Malibu Jack's
12101 Sycamore Station Place, Louisville
11:00 a.m. - 1:00 p.m.

Saturday, May 21st
Main Event Entertainment
12500 Sycamore Station Place, Louisville
10:00 a.m. - 12:30 p.m.

June 2016
Walk Around Kentucky for Epilepsy
See front cover article for more details.
Join us in your city!

July 2016
Bounce Out the Stigma Basketball Camp
See page 5 for details.
Join us for a fabulous time!

For more info or to attend, visit www.efky.org or contact Gary Zortman, events manager at 502-637-4440 / 866-275-1078 x17 / gzortman@efky.org.