

Training Programs Provided by the *Epilepsy Foundation of Kentuckiana*:

Seizure First Aid Certification Program

Provides participants with information they need to recognize types of seizures, the impact seizures can have on individuals with epilepsy, and how to respond with safe and appropriate first aid. Certifies participants for two years in seizure first aid upon completion. This certificate program provides participants with certification for 2 years. This program is offered virtually via Zoom.

Length of Program: 90 minutes

Seizure Training for Educators

Provides teachers and other school personnel with information they need to recognize types of seizures, the impact seizures can have on students developmentally and educationally, and how to respond with safe and appropriate first aid. Online course also available.

Length of Program: 45 – 60 minutes (depending on questions)

Managing Students with Seizures: A Training for School Nurses

Provides school nurses with information they will need to recognize seizures and their impact on students, and to respond to seizures with the appropriate first aid. Nurses will learn strategies for working with teachers and parents to ensure that the student's needs are met in relation to their epilepsy. This program offers 3.2 CNE credits (free of charge) if booked at least 60 days in advance. Online course also available.

Length of Program: 3.5 hours

Epilepsy 102: Supplemental Lessons for School Nurses

This training program builds upon lessons learned in Managing Students with Seizures. This program consists of three modules: Rescue Therapies, Psychogenic Non-Epileptic Seizures (PNES), and IEP & 504 Action Plans.

Length of Program: 3.5 hours

Epilepsy 101

Provides participants with information regarding seizure recognition and first aid, the impact seizures can have on an individual, and treatment options. This training program can be tailored to suit any group.

Length of Program: 45 – 60 minutes (depending on questions)

Epilepsy & Seizure Response for First Responders: Law Enforcement Personnel Training

Provides law enforcement personnel with information they need to increase an officer's awareness and understanding of the nature, causes, and effects of seizure disorders.

Length of Program: 45 – 60 minutes (depending on questions)

Epilepsy & Seizure Response for First Responders: Emergency Medical Services Personnel Training

Provides EMS personnel with information and seizure response training that is crucial to an effective EMS response to seizures.

Length of Program: 45 – 60 minutes (depending on questions)

Take Charge of the Facts: Seizures & You

This training is appropriate for students in Grades K - 12. It provides students with a basic knowledge of the different seizure types, first aid responses for each seizure type, and a discussion to help reduce stigma and misperceptions about seizures and epilepsy. This training can be a part of a science unit regarding communicable vs. non-communicable diseases.

Length of Program: 45 – 60 minutes (depending on questions)

To schedule a training for your group, please contact:

Beth Stivers, MS, Director of Education
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David Pettit, MEd, Western KY Education Coordinator
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Services Provided by the *Epilepsy Foundation of Kentuckiana*:

- Provide comprehensive epilepsy educational information to individuals and their families when newly diagnosed, or for those who want additional information of a variety of requested topic matters.
- Provide *Seizure Awareness & First Aid* training and education to individuals and families, as well as employers, organizations, civic groups, schools, etc.
- Offer monthly support group in Lexington and monthly art group in Louisville.
- Offer a youth support and activity group held each month in Louisville (funded by *Kosair Charities*).
- Provide case management, crisis intervention, and consultation to individuals with epilepsy and their families.
- Advocate when a client's (whether adult or child) medical, educational (IEP, 504), or occupational needs and rights are in question. Or, field overall questions in any of these areas.
- Explore potential eligibility for various public and private social service assistance programs, and then refer clients and their families to: prescription assistance programs, legal services, utility assistance, landlord/tenant assistance, employment programs, SSI/SSDI, food stamps, Medicare/Medicaid/other health insurance options, neuropsychological evaluations, and any other service(s) needed.
- ADA resource for persons affected by epilepsy or a seizure disorder – i.e. determine appropriate accommodations for students and employees with disabilities, advise clients of their rights and responsibilities under the ADA, Rehabilitation Act, IDEA, Fair Housing Act, etc.
- Education, advocacy, outreach, and support services for veterans affected by post-traumatic epilepsy through *Operation Outreach* program.

To inquire about these services, please contact:

Deb McGrath, Executive Director
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Sonya Ferguson, Director of Client Services
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Donald Bow, MS, Veterans Outreach Coordinator
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